SEATTLE

SEAHAWKS

2026
SEASON SCHEDULE

WK	DATE		OPPONENT	TIME PT	TV
1	Wed, Sep 9	vs	**New England**	5:20 PM	NBC
2	Sun, Sep 20	@	**Arizona**	1:25 PM	FOX
3	Sun, Sep 27	@	**Washington**	10:00 AM	FOX
4	Sun, Oct 4	vs	**LA Chargers**	1:25 PM	CBS
5	Sun, Oct 11	vs	**San Francisco**	1:25 PM	FOX
6	Thu, Oct 15	@	**Denver**	5:15 PM	PRIME
7	Sun, Oct 25	vs	**Kansas City**	5:20 PM	NBC
8	Mon, Nov 2	vs	**Chicago**	5:15 PM	ESPN
9	Sun, Nov 8	vs	**Arizona**	1:25 PM	FOX
10	Sun, Nov 15	@	**Las Vegas**	1:05 PM	CBS
11	Sun, Nov 22		BYE WEEK		
12	Sun, Nov 29	@	**San Francisco**	1:25 PM	FOX
13	Mon, Dec 7	vs	**Dallas**	5:15 PM	ESPN
14	Sun, Dec 13	vs	**NY Giants**	1:25 PM	FOX
15	Sat, Dec 19	@	**Philadelphia**	2:00 PM	FOX
16	Fri, Dec 25	vs	**LA Rams**	5:15 PM	FOX
17	Sun, Jan 3	@	**Carolina**	10:00 AM	FOX
18	TBD	@	**LA Rams**	TBD	

☐ Home game (vs) ☐ Away game (@) Local Time PT

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